

# **WASH Sailability...**



## Information for Volunteers with WASH Sailability

WASH Sailability values the support and loyalty of volunteers and are keen to invite anybody of 16 years and above to join us.

All volunteers will be required to have an enhanced CRB check and to read and agree to the aims and objectives; rules and regulations of the club after an induction period.

Regular Volunteers will be asked to pay an annual subscription of £3.00 but will then have free access to Club sailing craft that are not being used at the time. These volunteers, who wish to, will be eligible to stand for election to the Committee and/or Board of trustees of the Club.

WASH Sailability currently has two Access dinghies – one single seater (Access 2.3) and one double seater (Access 303). In 2010 we are going to run sailing sessions on the first Saturday of the month from May to October. With more volunteers we hope to increase this to the first and third Saturdays of the month; Tuesday afternoons and/or other times mutually convenient to our Volunteers and our Sailors.

All sessions will be supervised by Roger (Guy) Forkes (Senior Instructor) but for each session we need 1-2 Shore Crew, 1 Sailing Crew, 1 Safety Boat Driver, 1 Instructor.

All you need is enthusiasm, full training will be given either in-house or using the RYA schemes. The club will seek funding to pay for this training if necessary.

## **Can you volunteer to help on a regular or ad hoc basis?**

### **Shore Crew.**

- a) Help rig the sails on the boats.
- b) You will not go on the water but will go in the water up to your knees to help launch and recover the boats.
- c) Help sailors put on buoyancy aids and splash suits (with the aid of their carers if necessary)
- d) Help sailors into their boats from the pontoon.

### **Sailing Crew**

You will sit beside the sailor in the Access 303 and point them in the right direction. Some knowledge of sailing will be helpful but the Instructors will give detailed instructions from the Safety boat. Sailors with communication difficulties will be encouraged to sail with their own carers to aid the communication process between Instructor and Sailor.

### **Safety Boat (RIB) Driver**

You will drive one of the 2 SESCA 4m RIBs with a 30hp engine. You will drive the RIB alongside the Access dinghies so the Instructor can speak to the Sailor. You may need to tow the Access dinghies alongside back to the pontoon. Access dinghies have water filled keels and should not capsize but MOB training and equipment is available.

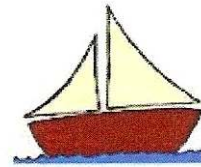
### **Sailing Instructors**

Ideally you will be an RYA qualified AI, DI or SI but experienced sailors may instruct with the permission of the SI

If you want to know more please contact Vicky Forkes – WASH booking secretary – [vicky.forkes@hotmail.co.uk](mailto:vicky.forkes@hotmail.co.uk) 3, School Crescent, Kedington, Haverhill. CB9 7NF 01440 704976

Or WASH Sailability [havo@dsl.pipex.com](mailto:havo@dsl.pipex.com) c/o HAVO, Centre for Voluntary Agencies, Lower Downs Slade, Haverhill, CB9 9HB 01440 714641

# WASH Sailability...



## Application to Volunteer for WASH Sailability (Page 1)

Name.....

Address.....

.....Post Code.....

Telephone.....

E mail.....

WASH Sailability welcomes people from any social, economic, political, religious, or ethnic background and those with disability to volunteer for the Club.

Please tell us about any relevant health problems / disabilities

e.g. Asthma, heart problems, dizziness, regular medication, restricted mobility, angina, epilepsy, diabetes etc.

Next of Kin and contact details.....

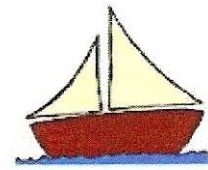
I agree to further the aims and objectives of the Club and agree to abide by all the rules and regulations that apply to the Club.

Signed.....

Please return the two pages of the application form and a cheque for £3.00  
Payable to WASH Sailability to:

WASH Sailability  
c/o HAVO  
Centre for Voluntary Agencies  
Lower Downs Slade  
Haverhill CB9 9HB

# WASH Sailability...



Application to Volunteer for WASH Sailability (Page 2)

Name .....

I would like to volunteer as :-

Shore Crew / Sailing Crew / Safety Boat Driver / Instructor (Please circle all that apply.)

RYA Qualifications (if any).....

I can help on an ad hoc / regular basis.

If you can help please tick your preferred days and frequency.

Day	Once a month	Twice a month	Every Week	Ad Hoc
Sunday am				
Sunday pm				
Monday am				
Monday pm				
Tuesday am				
Tuesday pm				
Wednesday am				
Wednesday pm				
Thursday am				
Thursday pm				
Friday am				
Friday pm				
Saturday am				
Saturday pm				

Specific dates available.....

Specific dates not available.....