



## HEALTHIER LIVES FOR ALL PROGRESS REPORT FOR 2009 - 10

(January 2010)

### PROGRESS INDICATOR:



= Good progress towards achieving the target





= Trend generally satisfactory





= Concern about progress


**Nominated Board Member  
Jep Ronoh**

**Sustainable Community Strategy outcome statement: Agencies work more effectively together to ensure everyone has a decent home environment to live in which enables them to be as healthy as possible.**



OUTCOME MEASURE:	ACTION:	BY WHO: [LEAD & PARTNERS]	BY WHEN:	INDICATOR	DETAILS: Including: 1. Measure (where specified) 2. Remedial action where there is concern about progress
Reduced winter deaths in older people due to cold	Partnership working to promote home heating and insulation grants	Private sector housing team & Health  Partners: VCS	2009 and ongoing		Jan 2010: Age Concern Suffolk have developed an information factsheet funded by Eon which is being distributed via Talk About Suffolk to approx 11,000 older people  Awareness raised via presentation to multi agency audience at the SCLSP Forum in Nov 09  Partnership working with NHS Suffolk to raise awareness amongst health professionals about the effects of cold on health via a leaflet currently in production
Reduce risk in the home through timely referral for support and adaptations, thereby making it easier for people to remain in their own home and be as independent as possible.	Raise awareness among agencies and professionals of the services and grants available in Suffolk Coastal  Work with other referral schemes such as Home Shield to develop a multi agency referral approach for Coastal  Evaluate demand on schemes such SCDC Home Handy man and assess need for expansion.	Private sector Housing Team (Home Handy man scheme) & Health  Partners: Home Shield Supporting People VCS	2009  2009 & 2010  2010 & 2011		Leaflet as above will also raise awareness of available funding  Loft Clearance Pilot commenced Dec 09 to remove the barrier to older people having their lofts insulated.


Sustainable Community Strategy outcome statement: Living in a rural area presents opportunities, not barriers, to accessing all services, including health and social care					
OUTCOME MEASURE:	ACTION:	BY WHO [LEAD & PARTNERS]:	BY WHEN:	INDICATOR	DETAILS:
Improved access to information, services, support, education and training to all areas but especially rural	Cross cutting theme: <ul style="list-style-type: none"> <li>• Improve information services</li> <li>• mapping of services</li> <li>• training &amp; skills</li> <li>• Young people</li> </ul>	Good Neighbour Scheme, Age Concern Village Links and others	Ongoing		Including: 1. Measure (where specified) 2. Remedial action where there is concern about progress  Good progress with Good Neighbour Scheme in the area  New web based personal health information available in Coastal.  Mapping health information at ward / community level underway.  'Hospitalrides' service launched

Sustainable Community Strategy outcome statement: People have the information, and where necessary the support, to take responsibility for their own health.					
OUTCOME MEASURE:	ACTION:	BY WHO: [LEAD & PARTNERS]	BY WHEN:	INDICATOR	DETAILS:
Reduce risk taking behaviour in young people through accurate information, support and appropriate intervention – for both young people and their parents/carers	Develop an educational project in relation to risk taking behaviour for youth workers, health staff and teachers to be trained to deliver in PHSE lessons and community settings. NOTE: rolled over project from previous action plan  Run the programme in a high school in Coastal and evaluate	CYP Partners:- Health Voluntary youth organisations	2009  2010		Substance Misuse education support worker project commenced October 2009 in three Suffolk High Schools – including Leiston high School. Aim to support delivery of PHSE around risk behaviours, develop confidence skills and confidence in school staff in advising and supporting young people and work directly with YP where need identified. Project will run for two years and include work with YP in the

	Run the programme in a community setting and evaluate  Report to CYP commissioners		2011  End 2010 & 2011		school catchment area but not attending and work with YP out of school hours. Project is reported through CYP Commissioning structures.
Older people have a forum through which they can make their views and needs known and thereby influence provision of information and services.	Identify an older people's champion on the LSP Board  Explore the need for an Older People Forum and identify possible funding.	Healthier Lives for All Working Group	2009  2010		Jan 2010: Age Concern Suffolk is establishing two projects to enable older people to be involved and consulted: Voice where isolated older people can be consulted in their own homes and POPs where older people are able to meet together to express their views on issues which affect their lives

**Sustainable Community Strategy outcome Statement: Vulnerable people, including those with mental health problems, are supported to live in and be part of a healthy inclusive community.**

<b>OUTCOME MEASURE:</b>	<b>ACTION:</b>	<b>BY WHO: [LEAD &amp; PARTNERS]</b>	<b>BY WHEN:</b>	<b>INDICATOR</b>	<b>DETAILS:</b>  Including: 1. Measure (where specified) 2. Remedial action where there is concern about progress
Improved understanding and knowledge of services and support available for vulnerable people.	Scope the current availability of support services offered by statutory and voluntary/community sectors and promote through networks  Identify gaps in provision and seek ways to redress the gaps.	VCS Development worker (SAVO)  Co-ordinate action through working group to identify lead	2009  2010 & 2011		The Suffolk Coastal Voluntary Network Newsletter used as a means of providing information and recruiting volunteers
Maintain and expand opportunities for physical activity to increase well being, promote independence, reduce falls and improve health in older people and those with long term conditions.	Scope the current availability of support services offered by statutory and voluntary/community sectors and promote through networks	Walks co-ordinator & Suffolk PCT	On going		New funding external to the SCLSP has been secured to further develop and expand Health Walks across Suffolk. Recognising the success of the pioneering work lead in the SC area. Demand for Chair Based Exercise Training continues and gaps in

	<p>Identify gaps in provision and seek ways to redress the gaps.</p>				<p>provision need to be addressed. However, this is severely hampered by the lack of co-ordination. If co-ordinated as Health Walks have been this issue could be addressed. However although the benefit in CBE in the prevention of falls is recognised there is great difficulty in getting partners to commit to any funding. If funding for a co-ordinator to pull everything together could be secured and a Voluntary Organisation such as Age Concern commissioned. This could be easily addressed.</p>
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