

PRESS RELEASE

For Immediate Release

28th April 2011

Manage Your Money

On Wednesday 11th May from 2:00 – 4:00pm a new course begins for members of the public to help them manage their money so they can live their life more happily. Being held at the REACH Resource Centre, Clements Estate, it will run for 3 consecutive Wednesdays: 11th, 18th and 25th May.

Each session is designed to give simple steps on how people can understand their income and expenditure, so they can budget their money to spend it on what they want to, such as saving for a holiday or keeping out of debt.

It is a free course for people to attend, due to funding being received from the West Suffolk LSP whose aim is to help make life better for people.

Henry Wilson, who runs the REACH Centre as well as the local Furniture Bank in Haverhill, will be running the course and has been pleased with the success so far. **“We’ve found people greatly benefiting from using our simple advice on planning their money and to also know simple facts, such as that contrary to belief, it is better to have cash in your pocket than a debit or credit card because you will spend 35% less”.**

There are a maximum of 8 places available for the course. To gain a place contact Henry Wilson on 01440 712590 or email henry@reach-cp.org

West Suffolk Local Strategic Partnership

-- ENDS --

Notes for Editors

REACH Haverhill

The REACH Resource Centre is managed by Henry Wilson. The new drop-in centre provides a place where individuals can access all our community projects under one roof; CAP, Furniture & Food bank as well as general support (and, of course, tea, coffee & biscuits).

We help with form completion, a 'signposting' service, a landline telephone point (free calls to 0845 tel agencies - Job Centre, Tax Credits, and Doctors Surgeries etc) and internet access for individuals who are looking for work via this means.

Opening times are, Mon & Thurs 2-5pm, Tues, Wed & Fri 10-1pm.

Contact: Henry Wilson

Tel: 01440 712950 / 07710 618951

Email: henry@reach-cp.org

Web: www.rolcc.org.uk/REACHcommunityprojects

West Suffolk LSP

West Suffolk Local Strategic Partnership is an umbrella organisation that brings together public sector organisations (such as local councils, Police and Primary Care Trusts) and representatives from local businesses and voluntary or community groups.

They work together to make life better for residents, organisations and businesses in West Suffolk by concentrating on issues such as health and well-being, specific needs of people, community safety, local skills, training and the environment.

Local Strategic Partnerships are government-created and the West Suffolk LSP covers Forest Heath, St Edmundsbury and the western part of Babergh.

Contact: Simon Brown

West Suffolk Local Strategic Partnership

Tel: 01440 766361 / 07793 145909

Email: simon.brown@williamjacob.co.uk

Web: www.williamjacob.co.uk