

Ro Williams

Born and bred in Suffolk, Ro lives in the picturesque village of Blythburgh near Southwold on the beautiful Suffolk coast.

Since taking early retirement from her Energy Efficiency project management position at the old Eastern Electricity, Ro has concentrating on developing and delivering IT training to computer users at all levels, from complete beginners to corporate business users.

She has extensive experience of using and training in all of the Microsoft Office products, as well as being well-versed in other free-to-use software for digital photography.

She has been instrumental in setting up 3 very successful and well-attended computer clubs in the Brundish Training Centre and likes nothing better than helping people to overcome their fear of computers using down-to-earth plain English.

Ro's claim to fame is that she was awarded the 'Silver Surfer Entrepreneur of the Year' award in 2005 by NIACE (National Institute of Adults Continuing in Education) and is an ambassador for lifelong learning whenever and wherever she gets the opportunity.

Ro's hobbies include netball coaching and umpiring, running a football league for over-35s, playing poker and she is also a member of her local parish council.