

ROCHFORD HOUSE APPOINTS NEW MANAGER

Sheryl Southernwood has been appointed as the new manager of Rochford House Youth Centre, New Street, Woodbridge with effect from 1 February 2010. Sheryl has been holding the fort as Interim Manager since the previous manager left, and brings a wealth of experience to the role.

As well as her role as a senior youth worker at Rochford House for the past three years and more recently Deputy Manager, Sheryl has a background in performing arts, starting her professional career in 1985 as part of an illusion act. In 1993 Sheryl committed her energies to teaching rather than globetrotting to enable her to give priority to her three children, now 15 years, 18 years, and 20 years, (with addition of a grandson, now 2yrs) Apart from managing a successful stage school for the last 15 years, Sheryl also runs a cheerleading squad in Felixstowe called Team Spirit. She has also specialised in working with young people from the Traveller community and those with complex learning difficulties.

Chair of Rochford Trust, Christine Laverock says: "I am looking forward to Sheryl taking forward the work of Rochford House. We have a strategy plan in place for the next three years, and it will be Sheryl's role to turn our plans into reality with the young people of Woodbridge who most need our services."

For further information about Rochford House visit our website
www.rochfordhouse.co.uk