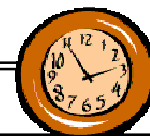


# THE ICKLINGHAM VILLAGER



October 2007 - Issue 21

Hope you all remembered to change your clocks!!

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**CONGRATULATIONS**  
 Well done to Bob Gooch and the Neighbourhood Watch Scheme for being recognised by the Suffolk Association as one of the top Twenty in the County

[www.onesuffolk.co.uk](http://www.onesuffolk.co.uk) website has information for you to look at.

If you have info for Bob please contact him on [eniach@rgooch.co.uk](mailto:eniach@rgooch.co.uk)

\*\*\*\*\*  
 Does anyone have the telephone number of a window cleaner ?? Please let us know.

\*\*\*\*\*  
 Also many thanks to everyone who has contributed to this newsletter especially Helen (Hairdresser) who sponsored this newsletter- it is a great help and is much appreciated. Please send in recipes, information on events in the area, special dates, news, birthdays - anything !!  
**Let us know**

**Next Copy Date**  
 November 2007 - if you have any items/notices, adverts or local events to be published in the next edition please ensure they are submitted by the - 20th November 2007

**How to contact us:**  
 Ronnie Halford : 717715  
 Beverley Curtis : 719055

## Remember. Remember the 9th November!!

**Come along to the Community Centre at 7.30pm  
 for a Christmas Gift Evening - there will be  
 Chocolates, Body Shop Products, Jewellery, Cards, Children's clothes,  
 Christmas Cookies, Chutneys and other good things, all on sale - an ideal  
 opportunity for Christmas Shopping !  
 plus  
 Raffle and Refreshments**



## DID YOU WATCH BBC 1 ON THE 4TH OCTOBER "WHO DO YOU THINK YOU ARE" ?

Charlie McGowan has become a celebrity after appearing in the programme "Who do you think you are", helping his nephew, comic impressionist Alistair McGowan explore his Anglo-Indian roots. The show saw Charlie travelling in India, around his hometown of Calcutta and his old house where he lived with his brother George, Alistair's father. Charlie was surprised to find after years of thinking his family was originally from Scotland, the family actually is from Ireland! Charlie had not been back to India since he left, aged 16 sixty years ago and the programme brought back many memories including being given a valuable pony by a Maharajah for his birthday and the shooting of Ghandi. Alistair McGowan is well known for his impressions, especially of David Beckham, Dot Cotton and Charlie's favourite the Richard & Judy sketch!

## DID YOU WATCH BYGONES ON THURSDAY THE 18TH OCTOBER ?

If you did you would have seen our postman Sean Rice with his collection of Raleigh Chopper bicycles cycling around the village. He has been collecting the bikes for many years and now has 33 in his collection (possibly 34 by the time you read this!!). Pride of place in his collection is a rare Tandem Chopper bought on Ebay- the only one factory-made for the Raleigh stand at the 1971 Bicycle Exhibition at Earls Court. Another very collectable Chopper is the drop-handle Racer which looks very different compared to the normal design. Choppers first appeared in the USA in 1968 with the Mark 1 design and arrived in the UK in the early 70's and were priced at £40. The programme was very interesting and Sean and his friends looked like they were having great fun, they even managed to entice the presenter Eddie Anderson back onto a bike after he said he would never appear on TV on one again!! Who knows perhaps we will see Sean delivering the mail on a Chopper?

I wonder how many more celebrities we have in our village?

CM

## RECIPE OF THE MONTH

### Cinnamon, apple and pecan cake

- \* 150g butter cut into cubes and softened
- \* 150g brown muscovado sugar
- \* 150g self raising flour
- \* 1 tsp ground cinnamon
- \* 3 eggs beaten
- \* 2 tbs milk
- \* 2 eating apples, cored and sliced
- \* 100g pecan nuts
- \* 75g sultanas



### **METHOD**

Preheat the oven to 180°C, gas mark 4  
Grease and line an 18cm loose bottomed cake tin  
Place softened butter in a large mixing bowl with the sugar and beat until pale and fluffy  
Sieve the flour and cinnamon into mixture, add the beaten eggs and beat together. Stir in the milk. Add the sliced apple with the nuts and sultanas and pour into the greased cake tin, smooth the top with back of a wooden spoon and sprinkle with a little brown sugar. Bake in a preheated oven for about 1 hour or until cooked. Serve warm with custard or cream

## CAN YOU HELP

- One parish councillor needed- contact Wendy Goult 01 638 510066 if you are interested.
- Also an Alice Dix Trustee is needed - details in Alice Dix article on next page.
- Do you know of anyone in the village who needs the use of an electrically assisted wheelchair? If so please contact Gerrie Storey on 712046.

## **RAINBOW CLUB**

The Rainbow Club, which has been running for 3 1/2 years has been suspended due to lack of numbers.

Should the situation change, consideration may be given to restarting.



**Thank you to those members and their parents who have supported us regularly.**

**JP**

## **YOGA**

There will be no Yoga classes on the 31st October and the 7th November 2007.

The next 6 week block will start on the 14th November and continue until the 19th December. There will be a two week break over the Christmas period with Yoga restarting in 2008 on the 9th January. Come along and join in – its great fun and very relaxing.



## In the Garden

- Wait until first frost to lift dahlias and cannas
- Regularly rake and clear fallen leaves from lawn and apply an autumn feed
- Net ponds to stop falling leaves
- Clear out excessive pond weed
- Take precautions to prevent ponds freezing over
- Clean out birdbaths
- Replenish bird feeders
- Make a leaf pile for hibernating hedgehogs
- Flowering ivy is an excellent late source of nectar and pollen for insects
- Build a leaf pen of posts and chicken wire to make leaf compost from the autumn leaves
- Collect Sloes - to make Sloe Gin



## Cruse Bereavement Care

The West Suffolk Branch is offering a training course suitable for anyone, including potential Cruse Visitors, who is interested in helping people who have been bereaved. The course will be run in Bury St Edmunds on ten Thursday evenings from 6.30pm to 10.00pm starting 17th January 2008. For further information please call 01449 720410.

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## **Richard Spring MP**

here to help – can be contacted at  
House of Commons, London SW1A 0AA  
Tel: 08452 600891

or

Website : [www.richardspringmp.com](http://www.richardspringmp.com)  
E-mail: [info@tellrichardspring.com](mailto:info@tellrichardspring.com)

## MARKET PLACE

### BUMP AND BEYOND

Offers Maternity Clothes, Children's Clothes & Equipment



Contact Caroline for more info on  
01638-583983 or 07766 643980  
Email: caroline.mann@bumpandbeyond.biz  
Web: www.bumpandbeyond.biz

### MILK DELIVERY !

If you would like to have fresh milk and other produce delivered to your door contact



Dairy Crest Ltd  
01284-754720  
Local milkman - Ray Crabb



## APPLIANCE – TEC

DOMESTIC APPLIANCE REPAIRS  
COOKERS -

WASHING MACHINE-  
TUMBLE DRYERS -

Tel: 01 638 714522  
Mob : 0791 020 8638

Help at hand in village !



### Helen - Mobile Hairdresser

Helen provides a mobile hairdressing service which visits villagers in their homes, ideal for the housebound and perfect for busy people.

Telephone: 01284 764613  
0778 7522 396



### GARDENER

willing to do Gardening, Pond Maintenance, Fencing and more  
£8.00 per hour

If interested please ring Darren Gardiner  
on 01 842 828636 or 07788 986 439



IF YOU ADVERTISE IN THIS NEWSLETTER AND WOULD LIKE TO MAKE A DONATION TO HELP WITH THE PRINTING COSTS PLEASE SEND TO :-

The Parish Clerk – Mrs Doreen Linge  
18 The Street, Icklingham

Cheques to be made payable to The Parish Council.  
THANK YOU

## CHURCH SERVICES at ST. JAMES

Oct 28th - 10.30am-Cluster Holy Communion  
Nov 4th - No Service  
Nov 11th - Remembrance Service 9.30am  
Nov 18th - No Service  
Nov 25th - Cluster Service - Beck Row 10.30am  
Dec 9th - Festival of Light

### Just a thought

We don't need more to be thankful for.  
We just need to be more thankful.

It is with sadness that we announce the death of two of our oldest villagers.

Mrs Chapman (96) of The Farthings and Mr Howard Wright (87) originally of West Street have sadly passed away. Mr Wright was one of the people involved in writing a book called 22 Villages.

### THE ALICE DIX CHARITY

If anyone is interested in becoming a trustee please apply in writing to the Parish Council – c/o The Parish Clerk, Mrs D. Linge, 18 The Street, Icklingham before the 7th November 2007.

The Trustees meet several times a year at the Community Centre. The Trustees deal with the management and disbursement of funds generated through rental income of land and property owned by The Alice Dix Charity. The Trustees at present are Ken Sore, Gerrie Storey, Michael Douglas and Beverley Curtis.

If you would like to make an application for a Christmas payment the following criteria must be met.

- One payment per household. Payments will be made by cheque only.
- Female applicants shall have reached the age of 60 and male applicants 65.
- Under the terms of the Charity the trustees are required to comply with a number of directions in including the following:

**Relief in Need**– The trustees shall apply the income of the Charity applicable for relief in need in relieving either generally or individually persons resident in the area of benefit who are in conditions of need, hardship or distress by making grants of money or providing or paying for items, services or facilities calculated to reduce the need, hardship or distress of such persons.

Payments shall be made on receipt of an individual application and judged in accordance with the terms of the Charity.

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**\*To make an application for a Christmas payment please write to any of the trustees or the secretary Mrs Dorothy Handford by the 30th October 2007.**

**WHAT'S ON IN THE VILLAGE.....**

**Art Class** - Every Wednesday 2-4 p.m  
**Bingo** - Meeting on the third Monday of every month at 7.30pm - all welcome  
**Book Exchange** - for access , please obtain a key from Karen or Jean  
**Book Club** - The Book Club - meeting to be arranged & new book to be chosen  
**Carpet Bowls** - Tuesdays at 7.30pm. Come along and have fun - all welcome.  
**Parish Council Meeting** - November 7th 2007 at 7.30 p.m  
**Under Fives** - every week during term time 10am till 11.30 am. Contact Dorothy Handford on 01638 712439 for details  
**Village Shop** - 8.00am to 2.30pm at The Plough Pub (and when pub is open)  
**Yoga Class** - Yoga 6.45 - 7.45pm Wednesdays - £6 per session - 714882  
**ALL THE ABOVE MEET AT THE COMMUNITY CENTRE** (unless otherwise stated)

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**We no longer have anyone to clean the Community Centre so we are asking that all users of the centre PLEASE clean up afterwards. This will help the volunteers who have taken over the cleaning duties. Thank you.**

**Many thanks to Sophie Curtis who helped clean the Community Centre during her half-term holiday.**

**If you wish to book The Community Centre please contact Jean Padmore on 01638-714112**

**Charges - £6.00 per hour for residents £7.50 per hour for non-**

**FISH & CHIPS**

**WEDNESDAYS  
 5.30-6.30pm**

Calling at Mildenhall Rd, West St, and The Hall Close  
 Ring  
 01638-713542 or  
 0771 903 5458 for party bookings.

**HELP PLEASE!**

**PLEASE** can the people using the playing field take their rubbish home with them and keep our village a clean and safe place – hopefully a bin will be provided in the near future.

**CHRISTMAS**



**AT  
 THE RED  
 LION**

Bookings are now being taken for Christmas functions at The Red Lion, either for lunches or dinners.

Also bookings are being taken for Christmas Day Lunch.

For details call 01638-711698  
 Ed and Aileen will be happy to help you.

**MOBILE LIBRARY**

The Mobile Library visits the village on alternate Saturdays. The Library Van will call at the dates and times below :

Nov 3rd, 17th, Dec 1st, 15th, 29th

**All Saints Green 10.25am - 10.45am**

**The Hall Close 10.50am - 11.05am**

**West Street 11.10am - 11.25am**

Postage stamps are available from library van

**GOOD HOMES WANTED**

**Display Wall Unit in very good condition**

**FREE**

**ring Mrs June Marston to view on 713492**

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**Artificial Christmas Tree 6 feet high - good condition FREE**

**Ring Caroline on 583983**

**Blood donor sessions – help save a life!**

**Nov 1, 26 Dec 10, 17 - Bury** Athenaeum

**Nov 21, 30 Dec 19- Newmarket** Memorial

**Dec 6, Jan 3 - Mildenhall** Jubilee Centre

Would you like to give Blood ? Are you between 17-59 years and in general good health -If so contact the

**DONOR HELPLINE on 0845 7711 711**

**www.blood.co.uk or Gareth Bell on 01223-548166**

Last but not least a thank you to all the villagers who take time to pick up litter and keep our village a clean and tidy place – you know who you are so a very big **THANK YOU !!!**