



THE ICKLINGHAM VILLAGER

Issue 15

March 2007



Welcome to all the newcomers in the village - new babies born and new faces who have recently moved into Icklingham. We hope you will be very happy here.

Do you have any ideas about what you would like to see in the Villager, please let us know.

Perhaps someone has a birthday, anniversary? Have you any favourite recipes you would like to share, gardening secrets, any interesting walks in the area, or maybe any history about the village, useful telephone numbers, do you need to car share, perhaps we can help. Let us know!

Copy Date

March 2007 - if you have any items or notices of local events you would like published in the next edition please ensure they are submitted by 20th April 2007

How to contact us:

Ronnie Halford : 717715
Beverley Curtis : 719055
Or the Village Clerk - Pearl Watson: 715416
Clerk@icklinghampc.wana
doo.co.uk

31st MARCH 2007 – are you free?

YOU ARE INVITED TO AN OPEN DAY TO SEE THE PLANS AND SUGGESTIONS FOR THE PLAYING FIELD

The Parish Council have acquired several proposals and layouts for play equipment and would like the opinions of the villagers, young people, parents and grandparents.

We propose to hold the open day on the 31st March 2007 between 10.00am and 3.00pm. The plans will be on display .

We hope you will come along and participate and voice your opinion on the layout and the equipment.



Drive YOUR Community in Suffolk

- Do you have any spare time?
- Want to get out and see places?
- Enjoy meeting and helping people?
-

Then why not become a volunteer driver?

Thousands of people in Suffolk rely on community transport schemes to get out and about but the shortage of drivers is threatening many services.

Volunteer driving is very flexible and rewarding. You could drive a minibus or a wheelchair accessible car. You could even use your own car and receive mileage allowance.

If you can help we want to hear from YOU!

Please call the Suffolk Volunteering Helpline on:

08452 235335

where an advisor will help you find a suitable opportunity in your area

www.drivesuffolk.org.uk



RECIPE OF THE MONTH

CHOCOLATE CARAMEL CHEESECAKE

9oz McVite's Light Hobnobs
2½oz melted butter
1 jar of caramel toffee
3 x 100g bars of good quality chocolate
1 pack of Light Philadelphia cream cheese
1 x 200g light Crème Fraiche
2 large egg whites only
9" springform tin, lightly greased



Method

- Crunch the biscuits and add the melted butter, combine thoroughly and turn into tin and press down firmly
- Spread over half the jar of caramel toffee and chill in the fridge
- Break the chocolate into a large heatproof bowl and add the cream cheese and all but 1 tablespoon of the crème Fraiche. Melt over a pan of simmering water - Cool for 10 minutes then mix in the remaining caramel toffee
- In another large bowl whisk the egg white to soft peaks and fold into the chocolate mixture, then pour over the biscuit base. Using a teaspoon dot the remaining crème Fraiche on the top and swirl using a skewer
- Chill overnight and serve straight from the fridge

WARNING - for chocolate lovers ONLY

Icklingham Ladies - Self Defence Class

The first ladies self defence class which was being held at community centre has now finished. Despite a small response from the village, 5 ladies ranging from 19 to retired, had a lot of fun and poor Colin had a lot of pain. Especially from Jean who has mastered the thumb lock admirably! The students gained confidence, self awareness and learnt skills on how to protect themselves.

We will be running another course later in the year, if you are interested 'phone me on 712278 or 0771 671 9423 or email on divehippys@tiscali.co.uk

There will be an 8 week course starting at Red Lodge on the 30th May - pre-book only
Come along you may surprise yourself!

LAND WANTED

20 acres of agricultural land or existing woodland is wanted to develop for timber and mushrooms. The aim is to own and manage/ plant 20 acres of mainly untouched woodland of carefully selected native trees, shrubs and plants.

WHY? To develop a modern woodland ecosystem for further research and development of the timber, game and fungi resources.

If you know someone who might be interested or for further information please contact Marie-Anne on 01502677731/0793715801

LARK VALLEY ASSOCIATION

14th May A car Treasure Hunt starting at West Stow any time between 6.30 and 7.30pm

10th September 'RSPB Lakenheath - the first 10 years' a talk by Norman Sills

Parish Council News.....

ANNUAL PARISH MEETING

will be held on 27th April in St James Church at 7.00pm.

Clive Paine will be giving a History talk - All welcome - please come along -tea and biscuits

P

Parish Council Elections Councillors come up for election in April 2007. If you would like to be involved and would like to stand for election, application forms are available from the parish clerk at 6 The Hall Close, Icklingham or Forest Heath DC. **There is still time.**

On 27th February the front wall of 93 & 95 The Street collapsed. Suffolk Highways have been notified of the state of property edging the Street/A1101 and pointed out this could be a sign of things to come if nothing was done regarding the size and speed of HGV's passing through the village.

A Grit Bin has been installed outside the Community Centre

PLEASE, PLEASE DO NOT LET YOUR DOG FOUL ON THE PLAYING FIELD - PLEASE CLEAN UP AFTER YOUR DOG - THERE IS A DOG BIN PROVIDED



MARKET PLACE

Mobile Hairdresser -

Helen provides a mobile hairdressing service which visits the village.



This is ideal for the housebound and perfect for busy people. Telephone: **Helen on 01284 764613 or mobile 0778 7522 396**



Firm Foundations Day Care & Out of school club **01638 781 616**

- Safe, friendly. • Age 0-5 yrs.
- Open 7.30am-6.00pm.
- **3 Free** trial sessions for all.
- **5 Free** daily sessions per term for 3& 4 yr olds .
 - Cooked meals.
- Extensive curriculum ensures learning through play.
 - Sibling discount.
- **12th session free if you register by May 2007**
 - Club for : 4-12 year olds

admin@firmfoundationsdaycare.co.uk
www.firmfoundationsdaycare.co.uk

Isleham Road ,Worlington IP28 8SW,
Just off B1102, close to A11

FRANK H MORGAN

For all your needs inside or out give me a shout
Home improvements & Maintenance, kitchen fitting & carpentry



Mobile no: **07811 691 532**
or **01638 718837**

ICKLINGHAM COMMUNITY CENTRE

For all Functions and Special Celebrations
Bookings can be made by contacting Jean Padmore
On 01638 714112

Charges: £6 per hour for residents, £7.50 per hour for non-residents

PHOTOCOPYING

For simply the best value for local photocopying facilities contact

Pearl Watson on **01638 715416**

CHURCH SERVICES at ST. JAMES

April 8th 9.30am Holy Communion **EASTER DAY**

April 22nd 9.30am Holy Communion

May 6th 10.30am Holy Communion
Cluster at Icklingham

Just a thought

For every minute you are angry, you lose sixty seconds of happiness

PRESTIGIOUS PRESENTS

There is a small quantity of books and gifts in the Community Centre which can be ordered. If you would like access to view the items please ring Jean Padmore or Karen Nolan. All goods are very reasonably priced, greatly reduced from the normal wholesale price. It is for a trial period only - different goods will appear approximately every 6 weeks.

ALL SAINTS CHURCH

Do you love historic buildings and care about their conservation?

All Saints is one of the finest unspoilt medieval churches in Suffolk and one of the top 50 Churches looked after by The Churches Conservation Trust.

*We are looking for a **Custodian** for All Saints Church to keep it clean and tidy also reporting any problems.*

If you can help please contact, Chloe Cockerill on 01223-290439 or email ccockerill@tccf.org.uk.

In the Garden

- Plant hardy plants outside in containers such as pansies and primulas to add colour to your garden
- Cut off any remaining dead growth on perennials
- Divide congested clumps of Michaelmas daisies or other such perennials
- Plant early potatoes
- Be on the lookout for fruit pests especially on the Blackcurrant bush and do not remove grease bands from around the trunks of fruit trees - leave on until the end of March



QUIZ NIGHT

In aid of Brooke Hospital for Animals
Freckenham Village Hall

7.30pm, Saturday 21st April

£7.50 including Fish and Chip Supper
Teams of up to 6

Tickets in advance from Juliana 01638-750033

WHAT'S ON IN THE VILLAGE.....

Art Class - Every Wednesday 2-4 p.m
Art Workshop - Unfortunately this has closed - due to lack of support.
Bingo - Meeting on the third Monday of every month at 7.30pm
Book Exchange - for access , please obtain a key from Karen, Jean or Pearl
Book Club - The Book Club has chosen a new book - *The Other Side Of You* by Sally Vickers - meeting date to be arranged
Carpet Bowls - Tuesdays at 7.30pm. Come along and have fun - all welcome.
Parish Council Meeting - May 2nd 2007 at 7.30 p.m
Rainbow Club - Are you free Tuesday evenings between 6pm and 7pm. Do you want to have fun, win competitions and play games. For details contact Jean Padmore at 16 West Street or Tel: 01638 714112
Under Fives - every week during term time 10am till 11.30 am. Contact Dorothy Handford on 01638 712439 for details
Village Shop - 8.00am to 2.30pm at The Plough Pub (and when pub is open)
Yoga Class - Yoga 6.45 - 7.45pm Wednesdays - £5 per session

ALL THE ABOVE MEET AT THE COMMUNITY CENTRE (unless otherwise

TO PLACE AN ADVERT IN THE NEXT EDITION PLEASE CONTACT THE EDITORIAL TEAM ON
01638 717715
01638 719055
BEFORE
20th April 2007

FISH & CHIP VAN

Calling at Mildenhall Rd, West St, and The Hall Close on

WEDNESDAYS
5.30-6.30pm

Ring 01638-713542 or 0771 903 5458 for party bookings.

AGE CONCERN - If you would like a copy of the Magazine please contact Pearl Watson who is the link person for Age Concern. **Age Concern has a help desk in St. Johns Street, Bury St Edmunds Tel :01284 757750 help and information is available for everyone! Age Concern Lunch Club Tel: 01284 757744**

CAN YOU HELP! Collect old postage stamps for Charity - please give to Pearl Watson, 6 The Hall Close. Ring 715416 for more info - A great response, PLEASE keep it up.

Fun Day
Saturday 7th July
Please put the date in your diary

If you would like to have a stall or help in any way, please contact Beverley Curtis or Ronnie Halford - We would love to hear from you!

MOBILE LIBRARY

The Mobile Library visits the village on alternate Saturdays. The Library Van will call at the dates and times below :

April 7th, 21st, May 5th, 19th
 June 2nd, 16th, 30th

All Saints Green 10.25am - 10.45am
The Hall Close 10.50am - 11.05am
West Street 11.10am - 11.25am

Village news

TEMPLE BRIDGE is closed to all traffic. A temporary bridge over the weir is being erected for cyclists/footpath only.

This is expected to last for about 18 months

The Red Lion is set to re-open with new landlord - rumour has it - this week!

Blood donor sessions - help save a life!

2/3/25April, 8/29May - Bury Athenaeum
12 April - Mildenhall Jubilee Centre
9 April, 4/11 May - Newmarket Memorial Hall

Would you like to give Blood ? Are you between 17-59 years and in general good health

If so contact the **DONOR HELPLINE** on
 0845-7711711