



THE ICKLINGHAM VILLAGER

September 2007 - Issue 20



Thank you to everyone who has contributed to this newsletter – it is a great help and is much appreciated.

Please keep it up – recipes, information on events in the area, special dates, local news, birthdays – anything !!

Let us know please.

300+ Red Engineering bricks still available – please contact Beverley on 719055.

Don't forget you can access this newsletter on www.onesuffolk.co.uk – this website also has other information for you to look at.

If you have info for Bob please contact him on eniach@grgooch.co.uk

Many thanks to Marge McIver for her perseverance with Suffolk County Council. Finally the footpaths have been cut and we can all enjoy walking along them again!

Next Copy Date

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October 2007 - if you have any items/notices, adverts or local events you would like published in the next edition please ensure they are submitted by the - 20th October 2007

How to contact us:

Ronnie Halford : 717715
Beverley Curtis : 719055

**DON'T FORGET TO WATCH BBC 1 AT 9.00PM
4TH OCTOBER
"WHO DO YOU THINK YOU ARE "
YOU WILL SEE SOMEONE YOU WILL RECOGNISE –
CHARLIE MCGOWAN!**

*Winner of The Balloon Race, from the Funday in July, was
Jess Bailey – Jess's balloon was found near Pakenham!*

CRIME PREVENTION

REPORT FROM BEBE SAPSFORD – PCSO 3144

In this months newsletter Bebe is looking at crime prevention and crime reduction. Now that the winter months are drawing in it is up to us to protect not only our properties but also our garden sheds and outbuildings.

"CRIMINALS ARE NOT ONLY INTERESTED IN THE PROPERTY WITHIN YOUR HOUSE THEY CAN ALSO BE TEMPTED BY GOODS AND EQUIPMENT STORED OUTSIDE IN GARAGES, SHEDS AND EVEN THE GARDEN"

Property such as bicycles, lawnmowers etc. are just as valuable as TV's, stereos and videos. Here are a few tips to help keep your property safe while deterring thieves...

- Ensure that all outbuildings are in good condition – fitting good locks – padlocks should be at least 6cm wide, hardened steel, have at least 5 pins and be a closed shackle type
- Fitting additional locks to up and over garage doors
- Consider an alarm for your shed, these are battery powered and cost around £9.50
- Installing security lights with sensors to illuminate your garden
- Keep shrubs, bushes and hedges cut back
- Have security marking with your post code put on lawn mowers and tools
- Keep a record of the serial numbers on your lawnmowers etc.

If you need any further advice, help with security markings or to purchase a shed alarm please contact Bebe Sapsford on 01284 774100 and ask for PCSO 3144 or stop Bebe whilst she is out and about in the village

**Bells which can be attached to your purse to deter thieves are available from
Ronnie Halford (FREE) !**

RECIPE OF THE MONTH



Chocolate Refrigerator Cake

- 2 x 100g bars dark chocolate
- 1 x 100g bar of nut milk chocolate
- 4oz unsalted butter
- 2½oz golden syrup
- 75g blanched almonds
- 75g dried cherries
- 2½oz sultanas
- 3oz sweet coconut
- 3oz ratafia biscuits roughly chopped

Method

Melt the chocolate, butter and syrup together over a pan of simmering water. Meanwhile toast the almonds. Remove the chocolate from the heat and stir in the almonds, cherries, sultanas and coconut, then fold through the biscuits. Spoon into a loaf tin, lined with cling film and refrigerate until set.

Cut into slices and serve with fresh strawberries and cream

The Parish Council

The PC meeting was held on Wednesday 5th September in the Community Centre and was attended by six members of the public including our local police support officer Bebe Sapsford. The following are some of the items discussed:

- Large amounts of rubbish on the playing field including broken glass and cans - Mrs Padmore regularly picks up this rubbish and it was suggested that a rubbish bin should be provided
- When recycling glass and paper in the bins PLEASE take your plastic bags home with you
- Parking in the Hall Close is causing some concern especially by the lamp post outside no's 18 and 19. If there was cause for an ambulance or fire engine it would be very difficult to get through
- The hedgerows and verges have not been well cut and attended to. These comments were noted by councillor

Colin Noble

One more parish councillor is needed-
please contact Wendy Goult 516600 if you are interested

In the Garden



- Pick apples to store over the Autumn - Make a few pin pricks in a plastic freezer bag then place 5 apples - in pristine condition - into each bag -tie the tops tightly and store in a cool dark place and enjoy later in the year
- Wrap grease bands around the trunks of your fruit trees to catch climbing winter moths
- Pot up rooted strawberry plant runners for next year
- Collect seeds from your favourite flowers and save for next spring
- Plant daffodils and other bulbs ready for the Spring- layer in deep pots for a colourful display
- Plant out garlic bulbs
- Sew sweet pea seeds
- Once flowers have faded, prune climbing Roses

Cruse Bereavement Care

The West Suffolk Branch is offering a training course suitable for anyone, including potential Cruse Visitors, who is interested in helping people who have been bereaved. The course will be run in Bury St Edmunds on ten Thursday evenings from 6.30pm to 10.00pm starting 17th January 2008. For further information please call 01449 720410.

Richard Spring MP

here to help – can be contacted at
House of Commons, London SW1A 0AA
Tel: 08452 600891

or

Website : www.richardspringmp.com
E-mail: info@tellrichardspring.com

MARKET PLACE

BUMP AND BEYOND

Offers Maternity Clothes, Children's Clothes & Equipment



Contact Caroline for more info on
01638-583983 or 07766 643980
Email: caroline.mann@bumpandbeyond.biz
Web: www.bumpandbeyond.biz

CHURCH SERVICES at ST. JAMES

October 6th and 7th - **Harvest Weekend**
October 7th - 6.00pm - Harvest Festival
October 14th - 9.30am - Service of the World
October 28th-10.30am-Cluster Holy Communion

Just a thought

With practice, anyone can master
the art of thankfulness

MILK DELIVERY !

If you would like to have fresh milk and other produce delivered to your door contact



Dairy Crest Ltd
01284-754720
Local milkman - Ray Crabb



Paul Seymour

Artist, Tutor, Demonstrator, Art Workshop every last Saturday of the month at St. Maur, Flempton

Contact 01284-728624



APPLIANCE – TEC DOMESTIC APPLIANCE REPAIRS COOKERS -

WASHING MACHINE-
TUMBLE DRYERS -

Tel: 01 638 714522
Mob : 0791 020 8638

Help at hand in village !



FRANK H MORGAN

For all your needs inside or out give me a shout
Home improvements & Maintenance, kitchen fitting & carpentry



Mobile no: 07811 691 532
or 01638 718837

IF YOU ADVERTISE IN THIS NEWSLETTER AND WOULD LIKE TO MAKE A DONATION TO HELP WITH THE PRINTING COSTS PLEASE SEND TO :-

The Parish Clerk – Mrs Doreen Linge
18 The Street, Icklingham

Cheques to be made payable to The Parish Council.

THANK YOU

THE ALICE DIX CHARITY

The Trustees would like to thank Mrs Rosie Pettitt for her work with the Alice Dix Charity. Mrs Pettitt's term of office has come to an end, therefore the charity requires a new trustee. If anyone is interested in becoming a trustee please apply in writing to the Parish Council – c/o The Parish Clerk, Mrs D. Linge, 18 The Street, Icklingham.

The Trustees meet several times a year at the Community Centre. The Trustees deal with the management and disbursement of funds generated through rental income of land and property owned by The Alice Dix Charity. The Trustees at present are Ken Sore, Gerrie Storey, Michael Douglas and Beverley Curtis.

If you would like to make an application for a Christmas payment the following criteria must be met.

- One payment per household. Payments will be made by cheque only.
- Female applicants shall have reached the age of 60 and male applicants 65.
- Under the terms of the Charity the trustees are required to comply with a number of directions including the following.

Relief in Need– The trustees shall apply the income of the Charity applicable for relief in need in relieving either generally or individually persons resident in the area of benefit who are in conditions of need, hardship or distress by making grants of money or providing or paying for items, services or facilities calculated to reduce the need, hardship or distress of such persons.

Payments shall be made on receipt of an individual application and judged in accordance with the terms of the Charity. To make an application for a Christmas payment please write to any of the trustees or the secretary Mrs Dorothy Handford by the 30th October 2007.

Do you know of anyone in the village who needs the use of an electrically assisted wheelchair?

If so please contact Gerrie Storey on 712046.

Helen - Mobile Hairdresser

Helen provides a mobile hairdressing service which visits villagers in their homes, ideal for the housebound and perfect for busy people.

Telephone: 01284 764613
0778 7522 396



GARDENER willing to do Gardening, Pond Maintenance, Fencing and more
£8.00 per hour

If interested please ring Darren Gardiner
on 01 842 828636 or 07788 986 439



WHAT'S ON IN THE VILLAGE.....

Art Class - Every Wednesday 2-4 p.m
Bingo - Meeting on the third Monday of every month at 7.30pm - all welcome
Book Exchange - for access , please obtain a key from Karen, Jean or Pearl
Book Club - The Book Club has chosen a new book - Relentless by Simon Kernicke
Carpet Bowls - Tuesdays at 7.30pm. Come along and have fun - all welcome.
Parish Council Meeting - November 7th 2007 at 7.30 p.m
Rainbow Club - Are you free Tuesday evenings between 6pm and 7pm. Come and have fun, win competitions and play games. For details contact Jean Padmore at 16 West Street or Tel: 01638 714112
Under Fives - every week during term time 10am till 11.30 am. Contact Dorothy Handford on 01638 712439 for details
Village Shop - 8.00am to 2.30pm at The Plough Pub (and when pub is open)
Yoga Class - Yoga 6.45 - 7.45pm Wednesdays - £6 per session - 714882

ALL THE ABOVE MEET AT THE COMMUNITY CENTRE (unless otherwise stated)

Project St James are holding the **Annual Harvest Supper** on 6th October 2007 with guest speaker Alan Benton - in the Church at 7.00pm - all welcome - limited numbers so apply early - tickets are £6.00 per person - for tickets ring Sue Marston on 713801.

We no longer have anyone to clean the Community Centre so we are asking that all users of the centre **PLEASE** clean up afterwards. This will help the volunteers who have taken over the cleaning duties. Thank you
If you wish to book The Community Centre please contact Jean Padmore on 01638-714112
Charges - £6.00 per hour for residents £7.50 per hour for non-residents.

FISH & CHIPS

WEDNESDAYS
5.30-6.30pm

Calling at Mildenhall Rd, West St, and The Hall Close Ring
01638-713542 or 0771 903 5458 for party bookings.

HELP PLEASE!

Large amounts of rubbish is being left on the playing field including broken glass and cans – **PLEASE** can the people using the field take their rubbish home with them – hopefully a bin will be provided in the near future.

BELATED HAPPY BIRTHDAY TO RAY



CONGRATULATIONS FROM US ALL

DATE FOR YOUR DIARY !!

Come along on the 9th November at 7.30pm to the Community Centre – there will be Chocolates, Body Shop Products, Jewellery, Cards, Children's clothes, Christmas Cookies, all on sale - an ideal opportunity for Christmas Shopping !



Also there will be a Raffle and refreshments will be served

.MOBILE LIBRARY

The Mobile Library visits the village on alternate Saturdays. The Library Van will call at the dates and times below :
Sept 22nd, Oct 6th, 20th, Nov 3rd, 17th
All Saints Green 10.25am - 10.45am
The Hall Close 10.50am - 11.05am
West Street 11.10am - 11.25am
Postage stamps available from library van

Blood donor sessions – help save a life!

Oct 17, 18 - Nov 1, 26 - Bury Athenaeum
Oct 8 - Nov 21 - Newmarket Memorial Hall
Oct 18 - Mildenhall Jubilee Centre

Would you like to give Blood ? Are you between 17-59 years and in general good health -If so contact the **DONOR HELPLINE** on **0845 7711 711**
www.blood.co.uk or Gareth Bell on **01223-548166**