

Newsletter

Rural Coffee Caravan Information Project

Information
on board

"come in
for a chat..."

JUNE 2010



The Campervan visits Ampton, an estate owned very rural village. Residents arranged a coffee morning in their small social club which has not seen much daytime activity for over 60 years! They are working with the landlord to hold regular events and use the club building for their (newly reformed) Parish meetings



Brackenbury Leisure centre hosted a Falls Prevention day including a physical demonstration of what to do if you fall, how to get up and how to prevent falling in the first place. Here Garry chats to people attending, giving literature on falls prevention and specific services needed by individuals. Some people were surprised that there was information on issues affecting them and that there is help available. This shows just how important our service is!



Occold Lunch Club.



Above- This is a typical example of how the campervan can be used by lunch clubs etc. By joining events such as this, we operate all through the winter. We can do a 10 minute talk to those attending, pointing out certain services and new literature (as we try to update our leaflets regularly) and spend time chatting to individuals.



Above-An orphaned baby otter visits!

Below left- A youngster enjoys her first birthday at a Caravan visit. Even bringing her own favourite cartoon character cake.

Below right- at the Suffolk Show Garry gets accosted by the NHS Quit campaign's life size cigarette, Handily Monsieur Marlborough supplied the van with plenty of anti smoking literature.

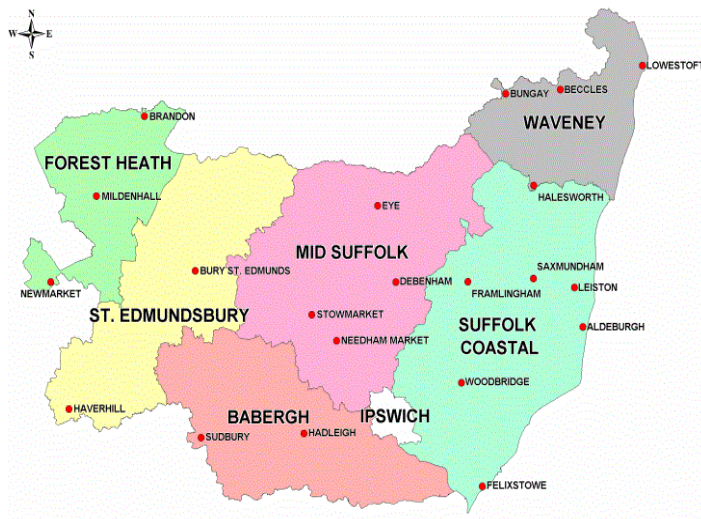




Spotlight on Sally!-----It's Showtime! At the Suffolk Show

Sally Fogden, Chair and Founder of the Project (*pictured above*) wanting to tell all of Suffolk about the Project especially as it has expanded so significantly; managed to squeeze us in next to her Churches Together stand. See how little space we need to make ourselves known! *Below* -we can be seen at the Euston Rural Pastimes show. Apart from making the public aware of our Project, the shows have been invaluable to Garry who (as new Project Officer) of the Campervan programme, managed to network and meet people from many of our partner organisations. This has led to many visits being booked!





Above-Setting up at Somersham School Fete next to the Police. One lady sat down simply because she was exhausted. Our ensuing chat actually resulted in her having a lot of help from the project, including a lift home, a lightbulb changed, her hose fixed, a Homeshield Plus visit, new window locks, a telephone befriender from Age Concern and a referral to pendant alarms as she has had a fall. Oh and from now on future lifts to the Caravan when it visits.

Left- Our patch!

Below

Some say.....he drives the Rural Coffee Campervan!

