

Spring Issue 28
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Fantastic news for Suffolk

The Myplace bid has been successful!

Stowmarket to get a £4.75m World Class Flagship Youth Facility!

The XCHANGE youth facility aims to provide a youth facility which offers support, guidance, information, advice services and a range of positive leisure and recreational activities for young people. The XCHANGE project will also provide a self contained eight bed emergency assessment and support unit for young people aged 16 -19 who have issues with homelessness. This facility will be staffed 24/7 and will provide up to 28 days accommodation whilst young people work with housing support staff and other key co-located support services to make informed decisions about their housing needs and plans.



Young people in Stowmarket have taken the lead in identifying and developing their ideas in line with the criteria set out by the Department for Children, Schools and Families (DCSF) for the Myplace programme. Which aims to provide "World class youth facilities driven by the active participation of young people and their views and needs" and will only fund projects that demonstrate evidence of the real participation of young people in the development, design and future running of the project.



Patricia O'Brien, Portfolio holder for Children, Schools and Young People's Services said: "I am delighted that we have been able to support the XCHANGE project proposal for the Myplace programme. I believe it will provide Suffolk with the kind of flagship youth facility that the Myplace programme was set up to achieve. It will provide invaluable support services, a wide range of leisure activities and learning opportunities, all under one roof. The project is particularly special because Suffolk's youth are at the heart of it. We are committed to providing young people with the resources they need to plan and develop their ideas while ensuring this much needed project gets off the ground."

*Reminder Membership
Affiliation to Young
Suffolk 2009/10 **is now**
due! Please join us!*

Big Lottery Fund Basis Bid Celebration one year in!

The end of March sees Young Suffolk's first year of funding from the Big Lottery Fund Basis Bid coming to an end.

Our three Area Co-ordinators, Chris Abraham in the north, Ellie O'Reilly in the west and Baz Wilkinson in the south probably can't believe they've been in post a whole year! Since coming on board, they have made a huge difference to the services Young Suffolk have been able to offer member organisations. As well as going out to youth clubs and organisations to talk about issues and pass on relevant information, they have been involved in training and running workshops, including First Aid, an Introduction to Working with Children and Young People, Beginners Guide to Safeguarding ; Allegations Management, and the upcoming Beginners Guide to the Independent Safeguarding Authority this summer. They have helped launch a Quality Standard Lite award designed for small youth organisations to demonstrate good practice and help secure funding. They've been actively involved in ensuring voluntary representation on the county-wide Cluster meetings, and have helped young people in the sector

gain recognition through signposting them to their involved colleagues. No query has been too great for them to try and solve, and any voluntary children and young people's organisation in their area that has come to us needing help has now got a great team supporting them!

We will be building on this in the second year of funding, and have no doubt that the next twelve months will be as ground-breaking as the first!

A huge thank you from Suffolk goes to the Big Lottery Fund for granting our Basis Bid!



Young Suffolk Events and Conferences

Young Suffolk's conference 'Children and Young People in Focus – Making sure children and young people are at the centre of all their services' which this year was organised by our own Development Manager Jacqui Wilkinson, received a massive turnout with colleagues from across Suffolk, working in the

children and young people's sector getting together on Friday 6th March for the Third Annual Workforce Strategy Partners Conference. Over one hundred and twenty delegates from a wide range of workforces attended including from Children's Centres, Childminders and Health Colleagues, Parenting, Behavior and Education Support Teams. The event funded by the Children's Workforce Development Council proved a great success and proved an opportunity for everyone to explore the challenges and benefits of making sure children and young people are at the centre of all our services.



Key note speakers included Rosalind Turner (who sadly is leaving Suffolk County Council in May to move to the same role in Kent County Council) addressed delegates about the importance of Participation. Doug Hiscock the operational manager from the Children's Legal Centre in Colchester raised issues relating to children and young people and advocacy and their rights. Fiona Harris Safeguarding Children's Board Training Manager discussed the

changes and challenges of the independent safeguarding authority and allegations management.

Feedback was tremendous, and the feeling in general was that this is now a really integral, informative, must-see event in the calendar for anyone interested in the topics at the forefront of the voluntary children and young people's services in Suffolk.

All the feedback from workshops and delegates will be posted on our website shortly, along with the presentations. Go to: www.youngsuffolk.com

We should take this opportunity to thank again Steve Allman, who kindly gave up his birthday to chair the conference, and who was most surprised when ambushed with a rousing chorus of Happy Birthday, cake and balloons!



MORE NEWS! **Acton Youth Club**

Nicola Sawyer is the newly appointed Youth Worker at Acton Youth Club. The club has recently opened after

having to shut down for several months whilst repairs were carried out on the building.

Acton Youth Club runs every Monday night and Nicola has already been working with the children and young people who have written their own club rules and started planning what they would like to do.

Nicola, who is married and has two children, wanted somewhere her 10 year old son and other children in the community could go to be able to take part in a range of activities. Having previously been a parent helper she was keen to be involved. A committee member suggested she enrol on the 'Introduction to working with Children & Young People' course that is currently being run by Young Suffolk.

Nicola said of the course '*It has proved invaluable. When I started I felt a bit out of my depth. The course has taught me about every aspect of youth work and about myself. We have dealt with things like the role of the youth worker, behaviour challenges and safeguarding.*



It has everything you need to know and tools to run a successful youth club. It has been really useful to talk to the other people on the course and I hope to keep in touch with them in the future.

Jacqui and Maria our tutors deliver the course excellently and they have such vast experience and information. They run the course at a good pace and I always feel I can ask them to explain anything if I'm not sure.

The course really has helped to motivate me. It is opening all sorts of doors for me and I would recommend it to anyone. I believe through this course I can really make a difference.'

AND

***The GOOD NEWS is
Young Suffolk is
able to offer this
Course again!***

We are delighted to be able to offer this OCN Accredited Level 2 course again this summer. Ideal for anyone new to youth work or volunteers without any formal training, the course will be run over 9 weekly Tuesday evening sessions from the 2nd June to the 28th July 2009, at Castle Hill Community Centre, Highfield Road, Ipswich.

The course is designed to be interactive, with group

work, assignments and discussions, and has been immensely successful in developing the knowledge, confidence and practical skills of the participants on the first intake.

As Young Suffolk have received funding to help enable the delivery of this course, the cost will only be £35 per attendee, but a bursary is available for smaller youth organisations who may have trouble in meeting this payment. If you are interested in being a participant, you can view the details and access the booking form on our website under "Training" which is signposted from the main page.

Alternatively, you can call Alison Archbold, Communications Manager, on 01473 744 187.

Please note you will not have a place officially until you are notified and an invoice is sent out for the £35 course fees.

We are accepting 'Expressions of Interest for further courses planned in the North and West for later this year.

And there's more FREE training!!!

Vetting and Barring Seminars

These free seminars aim to explain the new employment and volunteering regulations

which will operate from October 2009 for organisations which work with children and young people and vulnerable adults.

- Tuesday 30th June at 2.00pm at Anselm Community Centre, Bury St Edmunds
- Friday 3rd July at 9.15am at Castle Hill Community Centre, Ipswich
- Wednesday 8th July at 9.15am at Astral Centre, Lowestoft

Open to all voluntary and community sector organisations and also users of the SAVO CRB Service

To BOOK Contact Sue Stephens on 01473 273273 or sue.stephens@savo.co.uk

High Sheriff's Award Ceremony

Congratulations to the Young Suffolk members who were up for awards!



Crimebeat Award

Waveney Mow & Grow
(winner)

JUMP (highly commended)
Waterfront Community Centre (commended)



Youth Organisation Award

Red Rose Chain
(winner)

Waterfront Community Centre (highly commended)
Suffolk Artlink (commended)



Well done to you all!

If you are interested to find out more about this award or others please contact:

The Suffolk Foundation

t: 01473 734120

e:

info@suffolkfoundation.org.uk

Or visit their website at www.suffolkfoundation.org.uk

New Young Suffolk members!

We are delighted to welcome the following organisations into our fold!

- Polstead Projects
- Shaw Trust
- Making Tracks
- Newmarket Open Door Ltd
- Westall Youth Club
- STARs
- Wic-Kids
- 654 Anselm Community Youth Club
- Tutti
- Tyega
- Whitton Life
- Worlingham
- WSCVO
- Parham Youth Group
- St Lukes and St Michaels Church, Beccles
- 863 (Thurston) Squadron Air Training Corps
- Summer Fun Playscheme
- Create

Please get in touch if you want to find out more!

Other member info!

St John's Football Club

Is looking for new players for next season; Under 8s boys and under 9 girls.



They would play and train at Gainsborough Sports Centre in Ipswich

For more information contact Jenny Cuthbertson, Secretary on 01473 or 07990 990914.



Eden's Project is a Youth Centre with over 300 members! The centre is open to Upper School age young people, the facilities include: café, hot & cold meals, desserts, drinks, chocolate, snacks, internet access, pool table, video games consoles, big screen TVs, garden, loads of sofas & space to relax. Eden's is a charity and their purpose is to provide a safe and enjoyable venue for young people as an alternative to hanging around in the town and the dangers that can go along with this.

Activities include:
Music Zone
Video Zone
Info Zone and Talk Zone
Skills 4 Life
Ziggy Art Club

Contact details are below if you are interested!

45 Gainsborough Street,
 Sudbury, Suffolk CO10 2EU
 t 01787 375247
 e: info@edensproject.co.uk



Home-Start Babergh

Needs You!

Can you spare two to three hours a week?

To help continue and expand Home-start Babergh's unique, confidential service !

They will be running a new volunteer preparation course starting on **Friday 1st May 2009** running for 10 weeks.

Volunteers offer support and friendship to families with a least one child under the age of 5 years, visiting them in their own homes.



If you would like further details please contact **Gillian Hall** (Senior Co-ordinator) on **01473 826190** or email: gillian@home-startbabergh.co.uk

And there's lots more!!

Special Congratulations!

to Andrew Dorning from Dreamworx who has just become a daddy to little Noah!

FREE LAPTOPS!!!!**BT COMMUNITY CONNECTIONS AWARD SCHEME**

BT Community Connections is delighted to announce it's 5th Award Scheme is now open. The scheme enables community and charitable organisations to get online. Groups can apply for a free laptop and a contribution to a year's free broadband connection. Award packages will be given to groups who can demonstrate how an award will benefit their work and the local community.

Go to BT's website at : www.btcommunityconnections.com

Applications can be made online or if you have any queries contact Nicola Jones, BT Community Connections Project Team on 0845 257 6792

CaMHS event

"Partners from across children's services in Suffolk met at Trinity Park on the 26 January to work together to formulate Action Plans to take forward priority areas of service development for Child and Adolescent Mental Health Services".

Grassroots Fund

The Suffolk Foundation has £200K to start spending in April and applications are very much sought to take up this grant money.

For full criteria please contact Sue Wright.

But Groups need to have an income of under £30K per year (or £90K over the last three years) and to have been established since before December 2007. Capacity building is a key theme for Grassroots Core Costs and Project/Activity Costs etc. are covered by the fund

The maximum grant is £5000

For more information contact Sue Wright t: 01473 734127 or e: sue.wright@suffolkfoundation.org.uk

Details are on their website at:

www.suffolkfoundation.org.uk

The **V** Youth and Volunteering Festival '09

This event is being held on Thursday 9th April 2009 at 11 to 4pm. Free Admission and everyone is welcome at Westbourne Sports College, Marlow Road, Ipswich.



There will be loads of things to do including Giant Inflatable's, Sumos, Gladiators, Film Crew, The Pod, BBQ, Information Stalls, Nail Art, Artists Wall, Beat the Goalie, Assault Course, Photographer and Caricaturist.

There is more information on facebook just search for 'the Y Festival'

Conference Safeguarding the Future

Children Matter East, the East of England's Children and Young People's VCS Forum invite you to its annual conference on Tuesday 16th June 2009 At Airside Suite, Imperial War Museum, Duxford

This event is free and the venue has parking immediately adjacent to the conference centre with excellent road and rail links

The events underpinning themes are Safeguarding and Partnership. The event is multi agency and open to both the Children and Young People's VCS and its partners

To book: Download the booking form from; childrenmattereast.org.uk

"Loud and Clear" Babergh Communities Together

Wednesday 29th April, at Capel St Mary Village Hall 9.30 to 3.45

This event is ideal for anyone who is interested in communicating effectively to make their group stand out from the crowd.

For more information or to book your place please ring **0845 370 6340** or email info@bctssuffolk.org.uk

Conference News!

Supporting Emotional Wellbeing and Promoting Resilience in Children,

Venue: Trinity Park, Ipswich at 9 to 4pm on 11th June 2009

An ideal chance to meet and talk with colleagues involved in supporting Children, Young People and Families.

Join Canadian academic, John Allan creator of the Drawing and Talking technique Learn and practice some practical coaching techniques. Hear about practice across and within Suffolk schools.

Apply online at www.suffolkcpd.co.uk

There is no charge for this course



Strengthening FAMILIES 10-14 CORE PRACTITIONER TRAINING COURSE by TaMHS Project

Strengthening families 10-14 (UK) is an alcohol and drug misuse prevention programme for young people aged 10 to 14 years old

21st 22nd & 23rd April 2009
9am to 4.45pm

The Self Centre, Kempson Way, Moreton Hall, Bury St. Edmunds, IP32 7AR
Tutors: Debby Allen , Oxford Brookes University
Lindsey Coombes, Oxford Brookes University

For more information and for application forms please contact Hayley t: 01473 264408.

the Source out now!

The Source is UK Youth's online resource packed with information, features, updates and more. It is a practical resource for anyone working with young people.

Get involved
To view the latest issue, please visit: <http://www.ukyouth.org/>



Diary Dates:

Executive Meetings

Thurs 23 April 2009 Executive Meeting 5:30 Castle Hill Community Centre

Wed 8 July 2009 Executive Meeting 5:30 Castle Hill Community Centre

Wed 7 October 2009 Executive Meeting 5:30 Castle Hill Community Centre

Positively Active 3

Friday 10 July 2009 at 6.30pm Kesgrave Community Centre, Ipswich

Young Suffolk AGM

Wednesday 11 November 2009 At 6.30pm. Kesgrave Community Centre Ipswich

Young Suffolk

Room 9, Castle Hill Community Centre,
Highfield Road
IPSWICH, IP1 6DG



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youngsuffolk@suffolkonline.net



www.youngsuffolk.com

**The independent voice of
the children & young
people's voluntary sector
in Suffolk**

Contact us...

*Do you have a question, comment
or suggestion to share?*

*Do you have news or views you
would like to air?*

If so, please contact Young Suffolk between 9am-5pm Monday to Friday, and every effort will be made to help you.

Check out our website for all the latest. The website is a great way of sharing, so don't forget to pass on YOUR news and photos to us and we can share it with an even larger audience!



Young Suffolk

the independent voice of the voluntary children and young people's sector in Suffolk

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