



Stowmarket Badminton Club

www.onesuffolk.co.uk/stowmarketbadmintonclub

Ladies Nights

Ladies / girls - are you thinking about getting back into badminton?.....

If so, why not lace up your trainers, dust off your racket and join us for some casual, informal and FREE sessions to remind you what fun you are missing!!

Sessions will be held on the following Monday nights at Stowmarket Leisure Centre

April 4th, 11th, 18th

May 9th, 16th, 23rd

8.00pm—10.00pm

These sessions will be ideal for beginners or those looking to return to the sport—and don't forget, they're FREE

Rackets will be available.



For more details please contact
Mary Hughes 01359 240811

