



Ipswich Hindu Samaj

Reg charity no. 1118790

Hindu Samaj's News Letter

No. 5

August 2009



Welcome!

Welcome to all for this second newsletter of year 2009.

"The Hindu Cultural Centre & Place of Worship"

In the April issue of the newsletter, we quoted from a report on "Chandrayana", that "No task is a big task". It is the will and determination that will take us to our goal. Robert. H Lauer, writer and philosopher said, "Nothing worthwhile ever happens quickly and easily. You achieve only as you are determined to achieve....as you keep at it until you have achieved". This is our motto and goal - To have our own Hindu Cultural Centre and Place of Worship. That is what we want to achieve – isn't it. So let us join together, to achieve our goal.

During the last few days, we have seen a dim light in a dark tunnel. The Buddhist Centre has moved to a new place, and we are endeavouring to rent this place, right in the Ipswich town centre, on lease for our own Hindu Cultural Centre. We are in negotiations with the agent and hope that we will be successful. We are looking for few other suitable premises as well for our Cultural Centre.

3^d Anniversary of Samaj

On the 26th July, the Samaj will complete three years of its existence. As you are aware, the Ipswich Hindu Samaj was formed on this day 2006 to acquire a Hindu Cultural Centre and Place of worship in Ipswich, and to support the welfare of the Hindu Community, economically, spiritually and socially and to encourage and promote social cohesion and to accept diversity within the community and to work along with our partners for the welfare of all. Samaj would like to thank its Executive Committee and Trustees for their hard work and the members for their support and sincerely hope to achieve our goal for Cultural Centre and Place of Worship.

Samaj News

Audited Accounts In April issue, because of lack of space, we were unable to reprint the audited accounts of the IHS for the year ending 31st December 2008. We are now producing them in this newsletter (See Page 5). They are self explanatory, however we will be delighted to answer any query that you may have – just contact us at info@ipswichhindusamaj.org.uk

IHS Co-ordinator In February, from the £5000.00 Grassroots grant received from Suffolk Foundation, enabled us to appoint Mrs Abha Bansal as the IHS Co-ordinator, initially for 3 months and then extended to end July. She has done great job during the last six months, and though regretfully, she will not be the paid employee of the Samaj, as her contract will have expired end of July. I am pleased to say, that Abha has agreed to continue as voluntary co-ordinator for the Samaj. She will continue to contribute to make the Samaj stronger and to lead us into acquiring the Hindu Cultural Centre & Place of Worship in Ipswich.

Mental Health Mental Health is not a stigma, but a psychological disease, which can be cured. The Samaj is cooperating with Sujata Gathani, one of our Trustees and equality & Diversity Officer with Suffolk Mental Health (NHS) Trust Partnership, in making our members aware of mental health issues and its relations with faith communities. The Samaj will continue to promote SMHTP activities, through our website and by circulating their campaign newsletters to Samaj membership.

Indian Summer Mela 2009 Samaj set up a stall and a small shrine at this Mela. Many visitors came to our stall to know our activities and paid respect at the shrine. This year Sanjay Martin Spettigue, one of our Trustees, and Head of the Ipswich Chinmaya Centre joined us at the stall with Shri Chinmaya publications. We had sale of Indian Savoury, henna painting, face painting, sale of jewellery and Indian clothes and raffle prizes. A few new members were made including a Life Member. Samaj is grate full to Abha Bansal and her team of volunteers for making the day more successful. Many thanks to all of them. Thanks to Shakti Khosla for erecting the shrine, which was likened and appreciated by all who visited it. Also thanks to Sital Patel for her contribution at the mela stall.



Samaj Activities

Bhajan Evenings

This activity is being continued on every 3rd Friday of the month at the Unitarian Church Hall, Friers Street, Ipswich, IP1 1TD at 7.30pm with all vigour and success. We probably have become sort of semi professional bhajan singers in last 2 years!

Holi Celebrations

This was celebrated in March as a mini mela, and was a great success. More than 300 visitors visited the celebrations, at the St Clements Social Club. We were able to raise more than £400 on this occasion. Again thanks to Abha Bansal and Shakti Khosla and all volunteers, who made the event a great success? We also had a small shrine on this occasion. Children activities and tambola were well organised with the help of Sital Patel.

Rama Naumi

The birth of Lord Rama was celebrated in April, at the friends meeting house. Thanks to Lila Patel for organising it, and to all those who sang Bhajans on the day.

Story Telling Workshop

These were held at the Unitarian Church Hall, Friers Street , Ipswich on 4 Saturdays starting from 4th July. The last session was held on the 25th July. These free workshops were held by Ms Vijji Moorthie, a professional Bharat Natyam dancer for young children and adults. Thanks Vijji for performing by actions and dance and encouraging children to participate in the story of ten Avtaaras of lord Vishnu. Again many thanks to Vijji and to Abha for organising the free workshop and to the trustees of Unitarians for allowing us the use of Church Hall free.

Shri Krishna Janamashtami

This will be celebrated on 14th August at Friends Meeting House at 7pm.

Ganesh Chaturthi

This will be celebrated from 23rd August to 29th August at the Unitarian Meeting House. 7.30pm to 8.45pm.

Navratri Celebrations

This will be celebrated at the Guru Nanak Gurdwara Community Centre 719 Bramford Road, Ipswich, 7pm to 10.30pm from 19th September to 27th September.

Karna's Lie (A story from Mahabharata)

Karna had been abandoned at birth and did not know the truth about his background. He was brought up by Adhirat, the charioteer who had found him, and he thought of Adhirat as his father.

For this reason, when Karna was a young man, the great archers did not want to teach him. They said "We cannot teach you. You are a commoner. You come from a low caste." Finally he went to Parashuram, one of India's greatest archers, and, when Parashuram asked him his caste, he said "I come from a Brahmin family."

Parashuram believed him and taught him archery, so Karna became a great warrior. Then it happened that one afternoon, after instructing Karna for a long time, Parashuram lay down to rest. He lay with his head on Karna's lap and slept peacefully. Suddenly Karna was bitten by an insect. In fact it was a demon in the form of an insect. Its name was Alarka and its bite caused tremendous suffering. Karna's thigh began to bleed profusely and the bite was very painful but he remained silent because he did not want to disturb his master's peace. After some time Parashuram awoke and saw the situation. He asked what had happened.

Karna said "Master, while you were sleeping an insect bit me. But it is nothing. It doesn't matter at all. I was happy that you were able to take rest for as long as you wanted to, and this small insect bite doesn't bother me at all."

Immediately Parshuram destroyed the insect. Then he said "Karna, I am grateful to you, but you have deceived me."

"How? How have I deceived you?"

"You didn't kill this insect. You have told me a lie. Karna, you cannot be a Brahmin. You came to me as a Brahmin and that is why I taught you. But if you had been a Brahmin, you would not have tolerated this. A Brahmin's inner fire comes to the fore whenever there is injustice, yet you tolerated it."

Parashuram then said he could no longer teach Karna, and he ordered him to leave. Parashuram had taught Karna how to use a mighty weapon given to him by the god Indra. But for a punishment for his deception, the master pronounced a curse on him. The curse was that at the time of his deepest need, in the heat of battle, he would forget the secret of applying his greatest weapon.

This was the result of Karna's one single lie.

Ipswich Hindu Samaj Charity No 1118790

Income and Expenditure Account as at 31st December 2008 £ p

Income

	Restricted	Unrestricted	Total	Year2007
Full Family Membership	0.00	530.00	530.00	570.00
Single Membership	0.00	25.00	25.00	60.00
Associate Membership	0.00	55.00	55.00	65.00
Life Membership	0.00	5,500.00	5,500.00	3,000.00
Donations	0.00	9,031.33	9,031.33	5,327.48
Gift Aid Tax refund	0.00	1,079.26	1,079.26	0.00
Fund raising	0.00	4,087.87	4,087.87	2,754.92
Unrestricted Grants	0.00	3,300.00	3,300.00	0.00
Restricted Fund (Grassroot)	5,000.00	0.00	5,000.00	0.00
Interest Received	0.00	343.41	343.41	0.00
Total	5,000.00	23,951.87	28,951.87	11,777.40

Expenditure

Postage	0.00	83.99	83.99	31.37
Stationary	0.00	112.59	112.59	420.83
Insurance	0.00	139.00	139.00	228.13
Publicity	0.00	17.95	17.95	0.00
Hire Charges	0.00	428.97	428.97	416.95
Others	0.00	194.75	194.75	20.56
Fund Raising Exps	0.00	445.94	445.94	0.00
Professional Fees	0.00	3,500.00	3,500.00	0.00
Depreciation	0.00	41.92	41.92	0.00
Sub-total	0.00	4,965.11	4,965.11	1,117.84
Surplus of Income over Expenditure	5,000.00	18,986.76	23,986.76	10,659.56
Total	5,000.00	23,951.87	28,951.87	11,777.40
Reserve at 1-1-08	0.00	10,659.56	10,659.56	0.00
Surplus/(Deficit) as above	5,000.00	18,986.76	23,986.76	10,659.56
Reserve at 31-12-08	5,000.00	29,646.32	34,646.32	10,659.56

Represented by :-

Sundry Creditors				-50.00
Fixed Asset- PA System		586.83		0.00
Current Account		7,355.07		5,709.56
Deposite Account		26,704.42		5,000.00
		34,646.32		10,659.56

List of Hindu Festivals in Year 2010 (Vikram Year 2066)

Sr No.	Festival Name	Day	Date
1	Makar Sakranti	Thursday	14-01-2010
2	Solar Eclipse	Friday	15-01-2010
3	Vasant Panchami	Wednesday	20-01-2010
4	Maha Shivaratri	Friday	12-02-2010
5	Holi (Begins on Sunday Celebrate on Monday)	Sunday Monday	28-02-2010 01-03-2010
6	Hindi New Year	Tuesday	16-03-2010
7	Ramanavami	Wednesday	24-03-2010
8	Hanuman Jayanti Celebrate on Tuesday	Monday Tuesday	29-03-2010 30-03-2010
9	Adhik Maas (First of two Vaisakha) Adhik Maas Nimach commence Adhik Maas Nimach Last day Adhik Maas Gujarat commence Adhik Maas Gujarat Last day	Tuesday Wednesday Thursday Friday	30-03-2010 28-04-2010 15-04-2010 14-05-2010
10	Easter	Sunday	04-04-2010
11	Buddha Purnima	Thursday	27-05-2010
12	Guru Purnima	Sunday	25-07-2010
13	Raksha Bandhan	Tuesday	24-08-2010
14	Krishna Janmashthami	Thursday	02-09-2010
15	Ganesh Chaturthi	Saturday	11-09-2010
16	Pitr-paksha	Friday Thursday	24-09-2010 to 07-10-2010
17	Navaratri	Friday Saturday	08-10-2010 to 16-10-2010
18	Saraswati Puja (Forms part of Navaratri)	Thursday/Friday	14-10-2010, 15-10-2010
19	Vijay Dashami (Dasera)	Sunday	17-10-2010
20	Deepavali (Diwali)	Friday	05-11-2010
21	Vikram New Year 2067	Saturday	06-11-2010

"Anil & Shakti Khosla" who have been a great inspiration to all of us in the Samaj activities, have left Ipswich for London. They were presented with a gift from the IHS at the Indian Summer Mela. We wish them a very happy future in London.

